



July 30th, 2022

BJ's Truck
Centre 150

11:30am	Pit Gate Opens	
11:30am	Tech Inspection Starts	
2:00pm	Grandstand Gate Opens	
12:45pm	Practice Starts	
12:45pm	East Coast Int'l Pro Stock Tour	
1:05pm	Maritime League of Legends	
1:20pm	Outlaw Division	
1:30pm	Heart of a Champion Hot Rods	
1:40pm	East Coast Int'l Pro Stock Tour	
2:00pm	Maritime League of Legends	
2:10pm	Outlaw Division	
2:20pm	Heart of a Champion Hot Rods	
2:30pm	East Coast Int'l Pro Stock Tour	
2:45pm	Maritime League of Legends	
2:55pm	Outlaw Division	
3:05pm	Heart of a Champion Hot Rods	
3:15pm	Practice Ends	
3:15pm	Pro Stock Tour Drivers Meeting	Tech Shed

4:00pm Racing Starts

Racing Lineup

Heats	Outlaw Division	10 Laps
Heats	Heart of a Champion Hot Rods	10 Laps
Heats	Maritime League of Legends	10 Laps
Heats	Atlantic Tiltload Pro Stock Tour	10 Laps
Semi	Outlaw Division	10 Laps
Features	Heart of a Champion Hot Rods	25 Laps
Features	Maritime League of Legends	50 Laps
Features	Outlaw Division	20 Laps
Pre-Race	On Track Autograph Session**	Front Stretch
Pre-Race	East Coast International Pro Stocks Driver Intros**	Front Stretch
Feature	BJ's Truck Centre 150	150 Laps

*Format subject to change without notice

**Time & Weather Permitting

Pro Stock Tour Frequency 463.4250