



July 29<sup>th</sup>, 2023

**BJ's Truck Centre 150  
Oyster Bed Speedway**

12:00pm Pit Gate Opens  
12:00pm Tech Inspection Starts  
3:00pm Grandstand Gate Opens

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1:30pm Practice Starts

1:30pm East Coast Int'l Pro Stock Tour	(30 min)
2:00pm Legends Tour	(10 min)
2:10pm Outlaws	(8 min)
2:18pm Street Stocks	(8 min)
2:26pm Beginner Bando	(8 min)
2:34pm Outlaw Bando	(8 min)
2:42pm East Coast Int'l Pro Stock Tour	(20 min)
3:02pm Legends Tour	(10 min)
3:12pm Outlaws	(8 min)
3:20pm Street Stocks	(8 min)
3:28pm Beginner Bando	(8 min)
3:36pm Outlaw Bando	(8 min)
3:44pm East Coast Int'l Pro Stock Tour	(11 min)
3:55pm Legends Tour	(10 min)

4:05pm Track Closes  
4:10pm Pro Stock Tour Drivers Meeting Tech Shed  
4:45pm Line up for Atlantic Tiltload Heat Races

**5:00pm Racing Starts**

**Racing Lineup**

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Beginner Bando Heats	10 laps
Outlaw Bando Heats	10 laps
Outlaw heats	10 laps
Legends Tour heats	10 laps
Street Stock Heats	12 laps
<b>Atlantic Tiltload Pro Stock Tour Heats</b>	<b>10 Laps</b>
Beginner Bando Feature	15 laps
Outlaw Bando Feature	15 laps
Outlaw Feature	20 laps
Legends Tour Feature	50 laps
Street Stock Feature	25 laps

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**BJ Truck Centre 150** 150 laps

Pro Stock Tour Frequency 463.4250