



May 20th, 2023

Cummins 150

11:30am	Pit Gate Opens	
11:30am	Tech Inspection Starts	
1:00pm	Grandstand Gate Opens	
12:45pm	Practice Starts	
12:45pm	East Coast Int'l Pro Stock Tour (30)	
1:15pm	Maritime League of Legends (15)	
1:30pm	East Coast Int'l Pro Stock Tour (30)	
2:00pm	Maritime League of Legends (15)	
2:15pm	East Coast Int'l Pro Stock Tour (20)	
2:35pm	Maritime League of Legends (15)	
2:50pm	Practice Ends	
2:30pm	Tech Inspection Ends	
2:55pm	Pro Stock Tour Drivers Meeting	Tech Shed
3:30pm	Line up for Atlantic Tiltload Heat Races	
3:30pm	Spotters' Meeting	Spotters' Stand
	*mandatory attendance of one spotter per car	Turn 1, Grandstands

4:00pm Racing Starts

Racing Lineup

Heats	Maritime League of Legends	10 Laps
Heats	Atlantic Tiltload Pro Stock Tour Heats	10 Laps
Feature	Maritime League of Legends	50 Laps
Intros	East Coast International Pro Stock Tour Intros Front Stretch (Time & Weather Permitting)	
Feature	Cummins 150	150 Laps

*Format subject to change without notice

Pro Stock Tour Frequency 463.4250